PSHE Medium Term Planning - CITIZENSHIP – Autumn 2

(Lessons refer to Kapow PSHE & RSE Resource)

Year One – PSHE & RSE Safety

Essential Skills developed in this unit	Essential Knowledge developed in this unit
 Recognising why rules are necessary. Discussing how to meet the needs of different pets. Exploring the differences between people. Recognising the groups that we belong to. 	 To know the rules in school. To know that different pets have different needs. To understand the needs of younger children and that these change over time. To know that voting is a fair way to make a decision. To understand that people are all different.

CONCEPTS	CONTENT & CONTEXT	VOCABULARY
	Lesson 1 - Rules	Rule
	To begin to understand the importance of rules.	Different
		animal
	Lesson 2 -Caring for others: Animals	care
	To understand that animals have different needs and how to care for them.	pet
		need
	Lesson 3 – The needs of others.	baby
	To begin to understand the needs of babies and young children.	child
		same
	Lesson 4 – Similar , yet different.	unique
	To begin to recognise ways in which we are the same and different to other people.	group
		fair
	Lesson 5 – Belonging	unfair
	To understand the range of groups people belong to.	choice
		vote
	Lesson 6- Democratic decisions	democracy
	To begin to understand how democracy works.	

Essential Skills developed in this unit	Essential Knowledge developed in this unit	
 Explaining why rules are in place. Identifying positives and negatives about the school environment. Learning how to discuss issues of concern to me. 	 To know some of the different places where rules apply. To know that some rules are made to be followed by everyone and are known as 'laws'. 	
 Recognising the importance of looking after the school environment. Identifying ways to help look after the school environment. 	 To know some of the jobs people do to look after the environment in school and the local community. 	
• Recognising the contribution people make to the local community.	 To understand how democracy works in school through the school council. To understand that everyone has similarities and differences. 	

CONCEPTS	CONTENT & CONTEXT	VOCABULARY	
	Lesson 1 – Rules beyond school.	rule	improve
	To understand the importance of rules.	reason	
		different	
	Lesson 2 – Our school environment	environment	
	To understand ways to look after the school environment.	responsibility	
		problems	
	Lesson 3 – Our local environment	pleasant	
	To recognise the role people play in looking after the environment.	job	
		volunteer	
	Lesson 4- Job roles in our local community	look after	
	To begin to understand the roles people have in the community.	community	
		identity	
	Lesson 5 – Similar yet different- my local community	same	
	To recognise similarities and differences between people in the local community.	similar	
		school council	
	Lesson 6 – School council	representative	
	To begin to understand how democracy works in school.	meeting	
		democracy	
	Lesson 7- Giving my opinion	vote	
	To understand ways to share an opinion.	election	
		opinion	
		idea	

Year Three– PSHE & RSE

Essential Skills developed in this unit	Essential Knowledge developed in this unit	
 Exploring how children's rights help them and other children. Considering the responsibilities that adults and children have to maintain children's rights. Discussing ways we can make a difference to recycling rates at home/school. Identifying local community groups and discussing how these support the 	 To understand the UN Convention on the Rights of the Child. To understand how recycling can have a positive impact on the environment. To know that the local council is responsible for looking after the local area. To know that elections are held where adults can vote for local councillors. To understand some of the consequences of breaking rules. 	
community.	To understand the role of charities in the community	

CONCEPTS	CONTENT & CONTEXT	VOCABULARY	VOCABULARY	
	Lesson 1 – Rights of a child	UN/United Nations	donations	
	To begin to understand the UN convention on the rights of the child.	Convention On-	democracy	
		Rights	council	
	Lesson 2 – Rights and responsibilities	rights	councillor	
	To understand the responsibilities of both children and adults to help all children benefit	benefit	county council	
	from their rights.	responsibility	district council	
		materials	unitary authority	
	Lesson 3 - Recycling	recycle	budget	
	To understand the environmental benefits of recycling.	rubbish	priority	
		environment		
	Lesson 4- Local community groups	building		
	To understand the groups which make up the community	community		
	Lesson 5 – Charity	purpose		
	To understand that charities care for others and how people can support them.	Support		
		Together		
	Lesson 6 – Local democracy	community		
	To begin to understand how democracy works in the local area.	care		
		charity		
	Lesson 7- Rules	support		
	To understand why we have rules and the consequences of breaking rules at school and	volunteer		
	home.	fundraise		

Year Four – PSHE & RSE

Essential Skills developed in this unit	Essential Knowledge developed in this unit
 Discussing how we can help to protect human rights. Identifying ways items can be reused. Explaining why reusing items is of benefit to the environment. Identifying the benefits different groups bring to the local community. Discussing the positives diversity brings to a community. 	 To know that human rights are specific rights that apply to all people. To know some of the people who protect our human rights such as police, judges and politicians. To know that reusing items is of benefit to the environment. To understand that councillors have to balance looking after local residents and the needs of the council. To know that there are a number of groups which make up the local community.

CONCEPTS	CONTENT & CONTEXT	VOCABULARY
	Lesson 1 – What are human rights?	human rights
	To begin to understand the Human Rights convention.	United Nations
		Protect
	Lesson 2 – Caring for the environment	MP
	To understand how reusing items benefits the environment.	judges
		politicians
	Lesson 3 - Community	environment
	To understand the role of groups in the wider community.	benefit
		waste hierarchy
	Lesson 4 - Contributing	recycling
	To understand the contribution groups make to a community.	reusing
		community
	Lesson 5 – Diverse communities	group
	To understand the value of diversity in a community.	community group
		volunteer
	Lesson 6-Local councillors	making a difference
	To develop an understanding of the role of local government.	benefit
		group
		diversity
		difference

	same local government council councillor surgery resident

Year Five – PSHE & RSE

Essential Skills developed in this unit	Essential Knowledge developed in this unit	
 Explaining why reducing the use of materials is positive for the environment. Discussing how rights and responsibilities link. Exploring the right to a freedom of expression. Identifying the contribution people make to the community and how this is recognised. Developing an understanding of how parliament and Government work. Identifying ways people can bring about change in society. 	 To know what happens when someone breaks the law. To understand the waste hierarchy. To know that parliament is made up of the House of Commons, the House of Lords and the Monarch. To know that parliament is where MPs debate issues, propose laws, amend existing laws and challenge the government's work. To know that a pressure group is a group of people who feel very strongly about an issue and want to see something change. 	

CONCEPTS	CONTENT & CONTEXT	VOCABULARY
	Lesson 1 –Breaking the law.	rule
	To begin to understand what happens when the law is broken.	consequence
		law
	Lesson 2 – Rights and responsibilities	magistrates' court
	To explore the links between rights and responsibilities.	Crown Court
		Police
	Lesson 3 – Protecting the planet	Trial
	To understand how reducing our use of materials and energy will help the environment.	Fair
		Judge
	Lesson 4 – Contributing to the community	Jury
	To understand how we recognise and value the contribution people make to the community.	Prosecution lawyer
		Defence lawyer
	Lesson 5 – Pressure groups	Defendant
	To recognise the role of pressure groups.	Freedom of expression
		Right
	Lesson 6- Parliament	Responsibility
	To begin to understand how parliament works.	reduce
		environment
		energy
		materials

Year Six – PSHE & RSE

Essential Skills developed in this unit	Essential Knowledge developed in this unit	
 Learning about environmental issues relating to food. Discussing how education and other human rights protect us. Identifying causes which are important to us. Discussing how people can influence what happens in parliament. Discussing ways to challenge prejudice and discrimination. Identifying appropriate ways to share views and ideas with others. 	 To know that education is an important human right. To know that our food choices can affect the environment. To know that the prime minister appoints 'ministers' who have responsibility for different areas, such as healthcare and education. To know that prejudice is making assumptions about someone based on certain information. To know that discrimination is treating someone differently because of certain factors. 	

CONCEPTS	CONTENT & CONTEXT	VOCABULARY	VOCABULARY	
	Lesson 1 - Human rights	education	Equality Act	
	To understand human rights, including the right to education.	human rights	Protected	
		environmental	characteristics	
	Lesson 2 – Food choices and the environment	issues	Recognition	
	To understand some environmental issues relating to food and food production.	food miles	Role model	
		seasonality	Government	
	Lesson 3 – Caring for others	Care	Cabinet	
	To understand how to show care and concern for others.	Responsibility	Prime Minister	
		Concern	MP	
	Lesson 4 – Prejudice and discrimination	Issue	Elected	
	To recognise prejudice and discrimination and learn how this can be challenged.	Cause	Minister	
		Prejudice	Тах	
	Lesson 5 - Valuing diversity	Discrimination		
	To understand diversity and the value different people bring to a community.	Segregation		
		Tackling		
	Lesson 6- National democracy	Overcoming		
	To begin to understand how government works.	Homosexual		